

MLG Newsletter

(Malaysian Medical Librarians Group)

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Farewell HiTea for Puan Farida Mohd Noor

Malaysia celebrated its 45th independence day on 31st August. This date was also meaningful to the Medical Librarians Group because on this date too that we held a farewell HiTea for a dear friend and colleague who had retired from the service as Head of Medical Library, Perak College of Medicine. It's none other than Puan Farida Mohd Noor.

It was held at the Pelita Coffee House, Park Plaza Hotel, KL. Since this is the first farewell hitea held by MLG it was certainly a memorable one. It was attended by 16 friends mainly medical librarians and local vendors represented by Susan Ooi and Jennifer from Access Dunia while Halina was the lone ranger representing IPL Technologies. Thank you to Access Dunia and IPL for the support. Apart from savouring the delightful gourmet it was a happy get together for many of us. It was also a time to catch up with friends.

In her farewell speech Puan Farida thanked everybody that was present and to all those that contributed to the gift thank you very much for the support. She was very touched by our effort in hosting the farewell hitea for her.



She also mentioned that she had enjoyed the years working together with members of MLG. She treasured many memorable times with us especially the Sydney Study Tour. Well! we hope she will still continue to join us in our social activities such as the trip to Bangkok this year.

We wish Farid all the best on her retirement and we hope our friendship will not end here just because she has retired. How could we forget such a bubbly character that is full of zest for life and youthful looking! ■ *By Maimunah Kadir*

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MLG Meeting in Malacca

Melaka-Manipal Medical College was honoured to have been chosen as the venue of the third meeting of the Medical Librarian Group. The meeting was held on 8th July 2002, at the college meeting room. There were 13 members who attended this meeting; they are Puan Maimunah Kadir (HUKM), Puan Normala Maarof (UiTM), and Puan Faizah Mohd Zain (PPUKM), En. Zainal Ahmad (HKL), Puan Faizah Abdul Aziz (IJN), Puan Farida Mohamed Noor (PCM), Puan Hasnah Abd. Rahim (UiTM), Puan Miskiah Ahmad (IMU), Puan Nik Zakiah Nik Abdullah (MOH), Puan Nor Hasyimah Mustapa (IIU), Puan Siti Rodziah Othman (IMR), Ms. Robayah Atan (MMMC) and Ms. Zuhariah Mohd. Nordin (AIMST). The group welcomes a new MLG member who is En. Zainal Ahmad from HKL.

The Registrar of the college, Mr. K. Manoharan officiated the meeting with his welcoming speech and also briefed the members with regard to the history and the programme run by the Melaka-Manipal Medical College and also the other activities and development.

There were various issues being discussed and highlighted during this meeting such as MLG logo, amalmednet membership, MLG newsletter, Seamic-EDDS, TRF programme, Study Tour to Bangkok, Jumble Sale activities, MLG homepage, Job vacancy, Community project, PDK Perdana etc.

The meeting adjourned at 12.00p.m, to make way for Ms. Jennifer from Access Dunia to demonstrate her product. After which the members were taken for a short tour of Melaka-Manipal Medical College to give them an inside view of the opportunities and facilities being provided by the college to medical student. A sumptuous lunch awaited us at the end of the tour.



The second part of the agenda was a visit to the Multimedia University Library. Mr. Masri, who is the library officer, conducted the briefing and took us for a library tour.

We ended our day with a positive note and look forward to the next meeting of the MLG. I would like to take this opportunity to wish each and every one of you all the best for all your future undertakings. ■

By Robayah Atan

- WELCOMING NEW MEMBERS JOINING MEDICAL LIBRARIES -

By Nik Zakiah Nik Abdullah

1. Pn. Hayati Saarani
UPM Medical Library
2. En. Hasbullah Atan
IMU Library
3. Cik Haslinda Mustaffa
Seremban Hospital Library
4. Cik Husnita Hussin
Health Management Ins. Library
5. Pn. Juhaida Mat Isa
IMU Library
6. Pn. Noor Aini Md Ali
PCM Library
7. Pn. Norazlina Zainudin
Klang Hospital Library
8. Cik Rahaiyu Rahman
Melaka Hospital Library
9. En. Zainal Ahmad
Hospital KL Library
10. En. Zawawi Tiyunin
UNIMAS Library
11. Cik Zuhariah Mohd Nordin
Asian Ins. of Medicine, Sc. & Technology Library
12. Pn. Korina Ibrahim
UNIMAS Library

TRANSFER WITHIN

13. Pn. Nik Zakiah Nik Abdullah
HKL Lib. To HQ Lib., Ministry of Health Malaysia

TRANSFER OUT

14. Pn. Hafizah Hassan
UPM Medical Lib. To Main Library

RETIREMENT (FAREWELL...)

15. Pn. Faridah Mohd Noor
Left PCM Library

LAPORAN PERKHIDMATAN
SEAMIC-EDDS
MEI - SEPTEMBER 2002
oleh : Siti Rodziah Othman (IMR)

PENGENALAN

Perpustakaan IMR adalah perpustakaan penyelaras bagi aktiviti SEAMIC yang berkaitan dengan perpustakaan perubatan di Malaysia. Sebelum tahun 1999, SEAMIC telah menjalankan perkhidmatan permohonan artikel perubatan secara percuma kepada ahli-ahli SEAMIC. Disebabkan masalah ekonomi perkhidmatan ini telah diberhentikan. Diatas permintaan ahli SEAMIC, pada tahun 2002 sebagai alternatifnya, Perkhidmatan Dokumen Secara Elektronik (EDDS) diperkenalkan dengan beberapa syarat dan kadar bayaran yang minima.

PERKHIDMATAN SEAMIC-EDDS

Tempoh Percubaan:

Bagi memulakan perkhidmatan tersebut, SEAMIC telah menawarkan perkhidmatan tersebut secara percuma selama sebulan iaitu pada bulan Mac 2002. Tempoh percubaan ini hanya dilaksanakan bagi memenuhi permohonan pengguna perpustakaan IMR sahaja untuk mengkaji keberkesanan perkhidmatan yang ditawarkan. Sepanjang tempoh tersebut sebanyak 45 permohonan telah diterima dari pengguna IMR dan kesemua permohonan tersebut telah dihantar melalui e-mail ke

perpustakaan Toho University, Tokyo yang menjalankan perkhidmatan tersebut. Sebanyak 35 permohonan iaitu 78% telah dipenuhi dan hanya 10 permohonan sahaja yang tidak ada dalam koleksi mereka. Setiap permohonan telah di jawab dalam tempoh 24 jam dan pengguna menerima permohonan mereka dalam tempoh tersebut

Permulaan Perkhidmatan

Mulai Mei 2002, permohonan ini telah dibuka kepada semua perpustakaan perubatan di Malaysia yang terdiri dari perpustakaan Kementerian Kesihatan Malaysia dan perpustakaan perubatan akademik dengan kadar bayaran yang telah ditetapkan. Surat makluman dan kadar bayaran juga telah dihantar ke perpustakaan yang berkaitan. Sepanjang tempoh Mac – September 2002 , permohonan yang telah diterima adalah:

- (i) Para Penyelidik IMR
- **56 artikel**
 - (ii) Kementerian Kesihatan Malaysia
- **14 artikel**
 - (iii) Universiti Perubatan
- **2 artikel**
- Jumlah 72 artikel**

Secara umum 66.7 % permohonan dapat dipenuhi dalam tempoh kurang dari seminggu. Bakinya adalah bahan yang tidak terdapat di perpustakaan Toho University, Tokyo.

Pegawai yang bertanggungjawab menguruskannya ialah :
Cik Nur Ain Meskam

Pengurus Permohonan Artikel
Cik Nor Sazlinawati Selamat
Penghantaran artikel kepada pengguna

En. Fo'ad Kastaman
Penyediaan invoice untuk proses bayaran

KADAR BAYARAN

Sebagai penyelaras perpustakaan, IMR telah menetapkan kadar bayaran seperti berikut:

(i) warga IMR/KKM
Setiap Permohonan -
RM20.00 (termasuk harga kertas printout)(tidak termasuk harga pos)

(ii) Luar KKM
(Perpustakaan Universiti/Jabatan Kerajaan lain)

Penghantaran artikel setiap permohonan:

- (a) Salinan fotokopi -
RM25.00 + RM0.20 satu mukasurat
- (b) e-mail (Attach file)
- RM25.00

(iii) Permohonan pihak swasta
Setiap Permohonan -
RM30.00 + RM1.00 setiap mukasurat

KESIMPULAN

Pada asasnya perkhidmatan ini adalah satu perkhidmatan alternatif lain didalam mendapatkan artikel yang berkaitan dengan kadar bayaran yang berpatutan dan bersesuaian dengan perkembangan ICT pada masa kini yang menggunakan media internet sebagai salah satu cara untuk memperolehi maklumat dengan cepat dan pantas. ■



Enjoy

Life and Work

by Steve Simms

EVERYBODY LIKES to hear the words, “I like you!” Most people, however, expect to hear these from other people, not from themselves. But as **Phyllis Diller** said: “If someone doesn’t like himself, it’s almost impossible for others to like him.”

Here are seven proven ways to like yourself better.

1. Don’t compare yourself with other people!

You were designed to be yourself and nobody else. There is no “normal.” There is no “average.” Rating yourself by other people’s standards, opinions, and abilities will always make you come up short.

2. Stay in line with your conscience and with your own moral standards.

It is almost impossible to like yourself when you feel guilty. Guilt comes from doing things you personally believe to be wrong. So to like yourself more, get in touch with your own values, and live by them. Refuse to violate your conscience.

3. Forgive yourself. When you have broken your own principles, forgive yourself completely! You’re human. You make mistakes. So acknowledge you were wrong. Correct the wrong behavior. Learn from it. Then, once and for all, put it out of your mind.

4. Separate personal worth from performance.

You are not your work! As **Wayne Dyer** said: “If you are what you do, then when you don’t, you aren’t!” So build your self-worth on your infinite value as a magnificently designed, intricately crafted, human person. Your ultimate value comes from being human.

5. Accept compliments from other people. Don’t say: “Well, it was really nothing.” Instead say: “Thank you very much!” Receive compliments and allow them to build you up. Savor them.

6. Give yourself compliments. It is all right to appreciate yourself. So compliment yourself often.

7. Use the affirmation “I like myself!” Say it like you mean it—with feeling. Say it in your mind, throughout the day. Say it aloud, when you are alone! Say it 10,000 times, over the next year! Then one day, you will fully believe it.

Be Positive

If someone offered you \$10 million in cash if you would consistently show a positive attitude for the next 30 days, would you give it a try? If they defined such an attitude as “acting positive, pleasant, friendly, enthusiastic, and encouraging,” could you do that for 30 days? I think you could. You would have a good attitude for a month, because you would be highly motivated to win the prize money.

Now, nobody is going to offer you such a cash prize for a good attitude, but **the real-life payoffs for a positive attitude are outstanding!**

They include:

- **Happiness.**

The better your attitude the happier you will be! Happiness is not a commodity that is found by pursuit. Instead, it is a state of mind produced by a positive attitude.

- **Health.** A good attitude is a better pain reliever than Anacin, Tylenol, Mediprin, and Bayer, all put together! A positive mental attitude strengthens the body’s immune system and releases a natural drug (more powerful than morphine) into the mind.

- **Self-confidence.** A good attitude causes people to feel good about themselves and project that feeling to others.

- **Better relationships.** People who feel good about themselves are not on the defensive with other people. They are open and honest and have rich, rewarding relationships.

- **Improved performance.** Experts say that attitude

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<http://www.ualberta.ca/~pryan/EBL2003.html>



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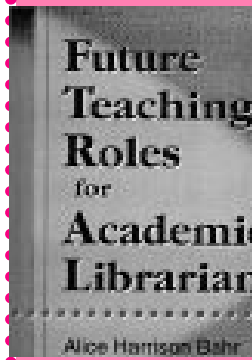


• 25-27 March 2003 •
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<http://www.internet-librarian.com/>

BOOK REVIEW

Alice Harrison Bahr, editor. **Future Teaching Roles for Academic Librarians**



Future Teaching Roles for Academic Librarians helps you understand how the librarian can play a central role in the new university paradigm that emphasizes student-centered, collaborative learning. College librarians and library administrators will learn the kinds of library service that will be required, from helping students learn to use bibliographic databases to real-time online interactive information assistance -the cyber equivalent of the reference desk. This vital guide offers the specific techniques you need to create a seamless learning environment, take on new roles and challenges, and meet the needs of students in an era of networked information and instant access.

ISBN: 0789009749 (Hardcover)

ISBN: 0789009927 (Paperback)

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accounts for 85% of all job success. People perform better in every area of their lives with a good attitude than they do with a bad one!

• **Encouragement for other people.**

Since attitude is highly contagious, your good attitude will automatically make you a real benefit to everyone you meet.

• **Increased income and other material rewards.** Because your good attitude will make you very valuable to other people (your boss, for instance), they, in time, will reward you with money and possessions. With so much to gain and so little to lose, you might show a good attitude for 30 days. If you don't like it after trying it for 30 days, then go ahead and be as miserable as you want to be. But at least give a positive mental attitude a sincere try. ■

How to Enjoy Work

If you have to work, you might as well enjoy it! Here are eight ways to enjoy your work.

1. Decide to enjoy it! Make up your mind to feel good at work. You will be surprised how much better you will like your work if you just make a deliberate decision to enjoy it.

2. Maintain good and friendly relationships with your employer and with your co-workers. Getting along with and liking the people you work with will make any job more enjoyable.

3. Remember that your work provides much (if not all) of your necessities and luxuries.

Just think, unless you inherited a bundle, you owe all you have to work. In that light, the old job looks pretty good, doesn't it?

4. Keep in mind the service you are providing people through your work. The job you do helps other people. Now that is a good feeling!

5. Challenge yourself at work. Set and pursue attainable goals. Always try to do a better job. Stretch yourself and your abilities! Grow! That attitude can make even a dull job exciting!

6. Concentrate on the good things about your job. Write out a list of things you like about your job. Read the list every night before you go to sleep.

7. Do more than you are paid to do. If you do just enough to barely squeak by, you will be bored, but if you really get after it, you will feel good about yourself. Besides that, your boss will soon notice and before too long you will be rewarded.

8. Adopt the "this is my company" attitude. You may not actually own the company, but wherever you work, it is your company! And when you begin to feel like it is your company, you will discover a new sense of pride and fulfillment. ■

Steve Simms is a professional speaker and trainer and is the author of **MINDROBICS: How to Be Happy for the Rest of Your Life** (615) 791-8777.